

**MY VOICE
MATTERS**

Even Superheroes have different emotions at different times. The Hulk can feel angry and Ladybug can feel shy. What colour do you think each emotion should be on your superhero shield?



I AM...

YOUR VOICE MATTERS!

**HOW ARE YOU FEELING TODAY? COLOUR
THIS SPEECH BUBBLE TO TELL US!**



South Leicestershire School Sports Partnership
Health | Well-being | School Sport | PE | Physical Activity

Place2Be's
**CHILDREN'S
MENTAL HEALTH
WEEK**

5-11
FEB
2024