



JUST

★ GET INVOLVED ★

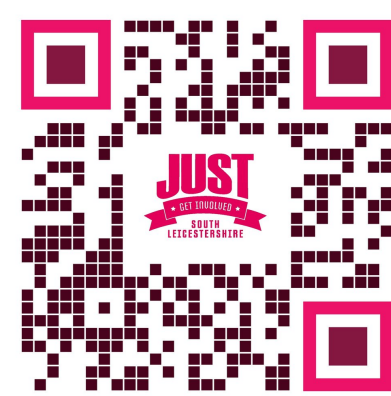
SOUTH
LEICESTERSHIRE

JUST GET INVOLVED SOUTH LEICESTERSHIRE

Are you aged 16+ and looking to get more active in 2022?- **We can help you!**

JUST Get Involved is a 9 week physical activity programme which aims to empower and support local women to try out new activities and be more active!

Running from the 17th of January to the 20th of March 2022, you can access a huge range of subsidised local activities, with everything from Badminton to Yoga for just £3 a session! You don't have to be sporty or even have done an exercise class before- JUST is for women of all ages and abilities.



Interested? Scan the QR code to find out more information and sign up to our programme today!

 SCAN ME

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