



Active Travel Resources



Following the success of the Active Travel Month we held in October, we have put together a series of active travel ideas and activities below that can be utilised with pupils in school and at home, with a competition to take part in too!

Walking Bingo - This activity includes taking a bingo card out for a walk and seeing what pupils can see and find. Various cards can be found on the internet and they can be adapted too to incorporate local landmarks close to your school. This activity is aimed at foundation and key stage 1 pupils but could be adapted to be made more challenging for older pupils. Similarly, there is a walking from home [activity booklet from Living Streets](#) which is a great resource to encourage walking!

Road Signs - Use road signs to encourage pupils to go for a walk! Task them with creating words from within the road names they find out on a walk, a variation on this would be to chain different signs together to create a word from the initials. Pupils could be asked to try and make a word of a particular length or simply what is the longest word they can make? You could ask them to take photos from their walk of their signs too.

Ready Set Ride - [British Cycling's Ready Set Ride](#) programme is a great resource for helping to learn cycling skills, whether its starting on a balance bike, moving to pedals or just becoming more confident on two wheels.

Geocaching - Geocaching is a brilliant way to provide a treasure hunt element to a walk, utilising GPS to find hidden caches to provide a real sense of adventure to a walk. This could be a great way to promote physical activity and active travel to your school community. To find out more information and how to get started visit the [National Trust's website](#).

Scooting - Scooting is a great activity for children to remain active and can still take place even if it isn't scooting to and from school! Take a look at [these helpful points](#) to consider when out scooting.

Competition! - We want to see some of the exciting things pupils are seeing across the county, so we are holding a competition where you can win new scooter storage for your school. Encourage your pupils to take photos of some of the exciting things they see on their active travel journeys. The competition will take place between the 15th and 19th March and we will choose our favourite as the winner! Photos can either be sent in via your school Twitter account or encourage pupils to take part from home. To enter just tag [@CHYMLEics](#) and your local SSPAN account into your tweet. Please make pupils who are taking part from home aware of their relevant SSPAN account.

Covid compliant
Ensure you are adhering
to the latest guidelines and
advice to keep yourself
and others safe.

