



*EMPWR FUTSAL is bringing
specialised Futsal Coaching to schools
in Leicestershire.*

PRIMARY SCHOOLS FUTSAL COACHING

2020-2021

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EMPWR FUTSAL PROGRAMME Our Aims



Developing Bright Future's FOR ALL Through Futsal and Sports

Support the delivery of high quality PE and sport that exceeds standards set by the National Curriculum:

- Developing competence in a broad range of physical activities
- Are physically active for sustained periods of time
- Increase pupil attainment in competitive sports and activities
- Lead healthy, active lives as part of a long-term plan

We believe strongly in linking physical activity and sport to other subjects to aid pupils overall achievement and development socially, morally, and culturally.



What is Futsal

Futsal is an **intense & exhilarating format of football**, the different variables demands each player to cope with continuous change, **as defence turns into attack at breath-taking speed**,. This promotes better decision-making and emotional intelligence.

Futsal is played in a small space and with a heavier ball, meaning the ball stays on the ground and play is accelerated, and **pupils are more involved and engaged, being exposed to more challenging situations, more often**. This encourages ALL PUPILS to fully participate and be involved, which in turn **fast-tracks the attainment of technique and emotional resilience**.

Futsal brings a wealth of scenarios, which allows pupils to be pro/reactive constantly, and with the many goals involved in this format, it allows pupils to **control their emotions in challenging situations and promotes constant change, learning to win with pride, and lose graciously**.

SPECIFIC AIMS



KS1:

- Develop FUNdamental movements.
- Increase competence and self-esteem/confidence.
- Promote their agility, balance and coordination.
- Engage them in individual and team-work exercises.
- Master the foundations of Futsal (running, jumping, dribbling, passing)

KS2:

- Focus on the before-during-after phase of every specific movement, and master those individually.
- Promote communication, collaboration and friendly competition.
- How to evaluate individual and group success.
- Start combining fundamental movements with sequenced actions i.e. running and shooting.
- Introduce simple tactics of the game, and developing cognitive skills related to physical activity.

THE PROGRAMME

The English FA, along with many Professional Football Club Academies, have all bought into Futsal, and we want schools to uncover the benefits of Futsal too!



Our Futsal programme allows schools to offer a new, exciting and upcoming sport for all pupils to enjoy, learn and develop in. We are passionate about providing the right support and environment FOR ALL to **achieve, thrive, and empower!**

We are fortunate to have a **highly experienced coaching workforce**, which allows our programme to be introduced in any capacity, including but not limited to:

- Behaviour Management and Pastoral groups.
- Girls, Boys and Mixed groups.
- Lunch and After School Clubs from Year 1 to Year 6.
- Curriculum PE sessions.





PROGRAMME DETAILS

*Developing Bright Future's **FOR ALL** Through Futsal and Sport.*

- *Available on a term basis (12 weeks) or all year long.*
- *The Clubs can be Fully or Partly funded.*
- *Open to all year groups.*
- *The more you have us, the cheaper we are!*
- *High quality teacher Futsal training – Our coaches play or coach at the highest level in England and have unparalleled experience in the sport.*
- *CPD opportunities for all teachers.*
- *Subsidized rate to our Futsal Festivals and Leagues.*
- *Establish relationships with community clubs, including our Futsal Academy for players who are devoted to the sport.*

Our programme allows you to implement Futsal in any capacity needed by your school!



EMPWR COACHES

We are in the fortunate position to have the strongest Futsal workforce in Leicestershire, which include UEFA B coaches, who coach at the University of Leicester, De Montfort, Leicester City F.C. and the FA, along with our network of England International Futsal players who support programmes and the development of our coaches



Ryan Waring Mitchell Head of Futsal: EMPWR

Accreditations:

- Head of Futsal: University of Leicester Men and Women Futsal Club
- B.Sc. Sports Coaching Degree: Loughborough University
- Primary school Coaching for over 5 years.

Playing Experience:

- Loughborough Futsal Club (Top Division in England)
- International Futsal Academy



EMPWR Coaches

- UEFA B Qualified
- Level 2 minimum (Level 1 only if over 3+ years futsal playing experience).
- LCFC Talent Identification links for talented individuals
- DBS, First Aid Trained, Safeguarding Children.



England International Futsal Players










- Ryan has played with many England Internationals, U21's and U19's during his time at Loughborough.

His network of England players is unparalleled and continuously support the programmes of EMPWR Futsal.





PROUD TO BE WORKING DIRECTLY WITH

 HINCKLEY and Bosworth SSPAN	 NWSL College	 Hope Hamilton CofE Primary School	 Rushey Mead Primary School	 Hazel Community Primary School	 Beauchamp College	 Rowlatts Mead Primary Academy	 Buswells Lodge Primary School	 Shaftsbury Junior School
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Delighted to be the top provider of Futsal in education.

Fun. Futsal. Future.

Fun

We provide opportunities for children to grow up loving futsal for the **Fun** and enjoyment of the sport.

Futsal

We offer specialised **Futsal** coaching, from coaches who have experienced playing and coaching at the highest level in English Futsal.

Future

We focus on fulfilling potential, and work towards supporting the development of players **Future** both on and off court.



We want to help you achieve your schools objectives and make your money go further. Simply let us know the price of your current physical activity and sports provider and we will beat that significantly, allowing you to allocate the budget elsewhere to enhance other areas!

Better Quality. Cheaper Prices.

*We also deliver
Curriculum PE
with a
'Better Delivery,
Better Price
Guarantee'.*

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EMPWR SPORTS



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