

Learning South Leicestershire School Sports Partnership  
Hinckley & Bosworth School Sport and Physical Activity Network  
Leicester City School Sport & Physical Activity Network



# Primary PE & School Sport Professional Development 2015/16



[www.learningsouthleicestershiressp.org.uk](http://www.learningsouthleicestershiressp.org.uk) [www.hbsha.org.uk](http://www.hbsha.org.uk)  
[www.leicestercityssp.org.uk](http://www.leicestercityssp.org.uk)

# **Primary PE & School Sport Professional Development Opportunities 2015-16**

## **Introduction**

Learning South Leicestershire SSP, the Hinckley & Bosworth & Leicester City School Sport and Physical Activity Networks, Val Sabin Publications and Training and Bright Futures Education have teamed up to provide a series of locally delivered professional development opportunities for schools. By being delivered locally and in accordance with local need, the courses are appropriate, accessible and affordable.

The support available will enable schools to develop a sustainable and high quality PE & school sport provision for the benefit of their pupils and staff, in line with Ofsted requirements and to support the effective use of the Primary PE & Sport Premium funding.

Courses can be accessed at a discounted rate through membership of the South Leicestershire PE & School Sport Support Packages, or as stand alone courses for schools without a membership.

## **Primary School PE & School Sport Support Packages**

PE & School Sport Support Packages are available to all Learning South Leicestershire and Hinckley and Bosworth SSPAN primary schools and can be tailored to meet the individual needs of your school. Three levels of support are available and include 1:1 PE and school sport improvement planning, PE Subject Leader Network training, places on Val Sabin & Bright Futures Education training courses, a place at the annual South Leicestershire PE Conference, Me & My pupil survey software, Whole School INSET, teacher modelling, afPE Safe Practice in PE School Sport Publication, as well as discount on additional CPD courses. Please find a booking form at the back of this booklet.

## **How to book**

To book your place on a course please go to [www.learningsouthleicestershiressp.org.uk](http://www.learningsouthleicestershiressp.org.uk) and click book courses and events. Payment for courses will be via invoice. In the case of non attendance, at least 48 hours notice must be given or a charge for the course will be made. Where refreshments are provided we will do our best to accommodate specific dietary requirements but cannot guarantee to always be able to do so.

## Primary PE & School Sport Professional Development Opportunities 2015-16

Month	Day	Course	Venue	Time
SEP	w/c 7	Val Sabin - Coaches in the Curriculum	TBC	9am - 3pm
	9	Level 5/6 Briefing & Information Event Specialist PE Teacher	South Wigston High School	4pm - 6pm
	23	Primary Table Tennis Workshop	South Wigston High School	4pm - 6pm
	29	Boccia Teachers Award	Huncote Pavilion	9.30am - 3.30pm
	29	Val Sabin Positive Play	Huncote Pavilion	8.30am - 11.30am
	29	Val Sabin Active8	Huncote Pavilion	12.30pm - 3.30pm
	29	Val Sabin Positive play and Active8	Huncote Pavilion	8.30am - 3.30pm
OCT	1	Chase the Rhythm - Kimbles	Crown Hills Community College	4pm - 6pm
	2	Emergency First Aid at Work	VESA - Crown Hills Community College	9am - 3.30pm
	6	Traditional Playground Games " The Hidden Treasure "	Ellesmere College	8.30am - 11.30pm
	6	Let's Play Workshop, Therapeutic Play Strategies	Ellesmere College	1pm - 4pm
	6	Traditional Playground Games " The Hidden Treasure " and Let's Play Workshop, Therapeutic Play Strategies	Ellesmere College	8.30am - 4pm
	7	Val Sabin Outstanding PE	Huncote Pavilion	9am - 3pm
	12	ASD Training	Huncote Pavilion	9.30am - 3.30pm
	13	Hi 5 Netball Workshop	Soar valley Netball Centre	4pm -6pm
	27/28	Intro to Mini Basketball	Crown Hills Community College	4pm—6pm
Nov	2	ASA Swimming Module 1- Fundamentals of School Swimming	Aylestone Leisure Centre	9 - 3pm
	3	ASA Swimming Module 2 - Aquatic Skills of School Swimming	Aylestone Leisure Centre	9 - 3pm
	4	PE Subject Leader Network	Huncote Pavilion	9am - 12noon
	4	Preparing for Ofsted	Huncote Pavilion	1pm - 4p m
	4	PE Subiect Leader Network and Preparing for Ofsted	Huncote Pavilion	9am to 4pm
	10	Lark in the Park - Kimbles	Bosworth Academy	4pm - 6pm
	17	Val Sabin Action Kids	Rolleston Primary	9am - 3pm
	18	Primary Badminton Workshop	Babington Community College	4pm - 6pm
	19	Energy Club	Green Towers	1pm -4.30pm
	24	TOP Sportsability	Leicester-shire Centre for Integrated Living	11.30am - 3.30pm
	25	Managing Challenging Behaviour in PE	Bosworth Academy	1pm—4pm
Jan	4	Val Sabin Mini Basketball for Teachers & Coaches	Crown Hills Community College	9am - 3pm
	6	ASA Lifesaving Swimming	Bosworth Academy	9am—4pm
	7	ASA Swimming Module 1 FUNdamentals of School Swimming	Bosworth Academy	9am—4pm

**Bespoke whole school CPD can also be arranged as a twilight/half day or full day inset. Prices vary for package members and non-package members. For more information on this, please contact Chris Ripley at [chrisr9@bosworthacademy.org.uk](mailto:chrisr9@bosworthacademy.org.uk).**

## Primary PE & School Sport Professional Development Opportunities 2015-16

Month	Day	Course	Venue	Time
Jan	8	ASA Swimming Module 2 - Aquatic Skills of School Swimming	Bosworth Academy	9 - 4pm
	14	PE Subject Leader Network	Huncote Pavilion	9am - 12noon
	14	PE as a Tool for Whole School Improvement	Huncote Pavilion	1pm - 4pm
	14	PE Subject Leader Network and PE as a Tool for Whole School Improvement	Huncote Pavilion	9am - 4pm
	20	Key Steps Gymnastics Workshop	Stokeswood Primary	4pm - 6pm
	27	Cricket teachers Award (Inclusive)	Ellesmere College	4pm - 6pm
	28	Val Sabin Gymnastics	Richmond Primary	9am - 3pm
Feb	2	Quicksticks Hockey	Soar Valley Community College	4pm - 6pm
	4	Learn through Play - Kimbles	South Wigston High School	4pm - 6pm
	5	Emergency First Aid at Work	VESA Crown Hills Community College	9am - 3.30pm
	9	Sainsbury's Inclusive PE	Huncote Pavilion	9.30am - 3.30pm
	10	Moving from Good to Outstanding PE	Huncote Pavilion	9am - 12noon
	10	Assessing PE	Huncote Pavilion	1pm - 4pm
	10	Moving from Good to Outstanding PE and Assessing PE	Huncote Pavilion	9am - 4pm
Mar	1	Val Sabin Athletics	Green Towers	9am - 3pm
	2	TAG Rugby Workshop	Belgrave RFC	4pm - 6pm
	15	Supporting Gifted & Talented Pupils in PE	Soar Valley Training Centre	1pm - 4pm
	16	Introduction to Boccia and Kurling	Ellesmere College	4pm - 6pm
	16	Mini Tennis Workshop	Knighton Tennis Centre	4pm - 6pm
	22	Stepping Stones	Richmond Primary School	9.30am - 3.30pm
Apr	12	Tri Golf Workshop	South Wigston High School	4pm - 6pm
	13	Val Sabin Dance	Huncote Pavilion	9am - 3pm
	19	Inclusive Tennis Teacher Training	Ellesmere College	4pm - 6pm
	19	Going on a Journey - Kimbles	Crown Hills Community College	4pm - 6pm
	21	Kwik Cricket	Bosworth Academy	4pm - 6pm
	26	Outdoor & Adventurous Activity in PE	Stokeswood Primary School	9am—3pm
	27	Certificate in Teaching Primary School Athletics	Huncote Pavilion	9am—3pm
May	17	Sainsbury's Inclusive PE	Huncote Pavilion	9.30am - 3.30pm
	26	Val Sabin Games	Mayflower Primary School	9am - 3pm
Jun	15	Let's Play Workshop, Therapeutic Play Strategies	Huncote Pavilion	9am - 12noon

**Bespoke whole school CPD can also be arranged as a twilight/half day or full day inset. Prices vary for package members and non-package members. For more information on this, please contact Chris Ripley at [chris9@bosworthacademy.org.uk](mailto:chris9@bosworthacademy.org.uk).**

## Val Sabin - Coaches in the Curriculum

This course supports sports coaches and those supporting P.E. & school sport in increasing their knowledge, competence and delivery skills for taking curriculum PE lessons. Created by leading P.E. Specialists—Val Sabin Publications and Training, the course enhances practical delivery and theoretical knowledge of games in the national curriculum through topics such as:

- How to organise groups and lessons
- How to structure high quality lessons
- Breadth of games experience
- Planning – for safety, standards and alongside the curriculum
- Delivery - Differentiation, teaching styles & strategies, demonstration and pace
- Games for understanding
- Assessment

All candidates will receive a certificate of training and a 'coaches in the curriculum' paperback manual for Key Stage 1 or Key Stage 2. The course offers essential knowledge, understanding and ideas for anyone who currently coaches or supports games lessons within schools.

VENUE	DATE	TIME	COST Ex VAT
TBC	W/c Mon 7th Sept	9am - 3pm	£165 member £189 non-member

## Bright Futures - Briefing Event Level 5/6 Specialist PE Teacher

This information event is a chance to find out about the qualifications for primary school teachers and higher level teaching assistants.

### **Level 5 Certificate in Primary School Physical Education Specialism:**

This is a nationally recognised qualification that aims to up-skill primary school teachers and higher level teaching assistants to improve the overall delivery of the physical education curriculum within primary schools. On successful completion of this qualification, delegates will be able to assist in raising the standards within primary school physical education teaching.

### **Level 6 Award in Primary School Physical Education Subject Leadership:**

This is a recognised qualification to improve the overall delivery of the physical education curriculum within primary schools. The aim of this qualification is to up-skill primary school teachers to enable them to lead on the delivery of the primary school physical education curriculum. On successful completion of this qualification, delegates will be able to take subject leadership within primary school physical education teaching and deliver high quality primary school physical education. Level 5 must be completed prior to starting Level 6. **N.B.** You need to have qualified teacher status (QTS) to undertake the Level 6 award.

VENUE	DATE	TIME	COST Ex VAT
South Wigston High School	Wed 9th Sept	4pm - 6pm	<b>FREE</b>

## Primary Table Tennis Workshop

Primary School aged pupils are a key priority in the development of table tennis. It is an ideal indoor sport which can be delivered with minimal space and equipment. It provides opportunities for pupils to become physically confident in a sport which they can continue to play over their lifetime. Table Tennis is a fun activity that every child can take part in regardless of ability, It is equally popular for both boys and girls and can be played by the able bodied and those with disabilities. It lends itself to team and individual play and is an activity which engages pupils in a sport in which they can develop simple skills to play competitive games, appropriately modified, in both curricular and extra-curricular programmes. Deliver by qualified Table Tennis England tutor, this is an ideal 2 hour course for teachers and leaders enabling the basics of table tennis to be delivered to any age group in a fun and meaningful way.

VENUE	DATE	TIME	COST Ex VAT
South Wigston High School, LE18 4TA	Wed 23rd Sept	4pm - 6pm	£20 member £30 non-member



## Physical Education & School Sport Support Packages 2015/6

A range of professional development support packages are available to primary schools in South Leicestershire. Membership of these packages provides an all round development & support tool for PE & school sport, and are great value for money. Package members get a discount on all other CPD accessed through our programme!

### 1:1 Support Visits

Full, Half Day or Twilight School Insets

Val Sabin Courses and INSET Days

Annual PE Conference

Subject Leader Networking Events

Lesson Modelling & Teacher Observations

afPE Health & Safety Advice

For more information contact **Chris Ripley** [chrisr9@bosworthacademy.org.uk](mailto:chrisr9@bosworthacademy.org.uk)

Or **Ruth Mann** [rmann@countesthorpe.cc](mailto:rmann@countesthorpe.cc)

## Val Sabin - Positive Play

This Positive Play course develops and extends the understanding of Lunch-Time Supervisors, classroom assistants and teachers to utilise Playgrounds in the most creative, positive and cost-effective way. The course progressively builds up the role of lunchtime supervisors and highlights areas such as:- Strategies to enable play, dealing with situations in the playground; appropriate activities and communication techniques. Providing for wet-weather lunchtimes, zoning the playground, playground markings; health and safety issues and types and use of equipment, are also included and addressed throughout the course as appropriate. All aspects are explored within the context of a balanced and informative teaching manual which includes an extensive compendium of interactive games, problem solving and social activities. This course is suitable for all teachers and lunchtime supervisors. The Positive Play manual can be purchased at a 10% discount through LSLSSP / HBSSPAN.

VENUE	DATE	TIME	COST Ex VAT
Huncote Pavilion LE9 3BN	Tue 29th Sept	8.30am - 11.30am	£95 member £125 non member

## Val Sabin - Active8

Activate in the classroom is a 36 week programme of 10 minutes in the morning after registration and 5 minutes in the afternoon in the children's stand-up personal space in the classroom. The progressive programme of patterns of movement – all to music, have been designed to improve physical fluency aspects of agility, balance, co-ordination, precision and control of movement, flexibility and rhythm. It is reported that children increase their fitness and stamina, improve their posture and core strength and develop further their concentration focus, attention span and ability to listen. The course will help participants to understand the research behind the programmes, become familiar with the activities and extensions and learn how to deliver the activities. Complete manuals comprising 3 programmes, 3 CDs of music and 5 DVDs will be available for participants to purchase at 10% discount through LSLSSP / HBSSPAN. This course is suitable for all teachers and those involved with classes of children.

VENUE	DATE	TIME	COST Ex VAT
Huncote Pavilion	Tuesday 29th Sept	12.30 - 3.30pm	£95 member £125 non member

VENUE	DATE	TIME	COST Ex VAT
Book both courses at this reduced cost	Tuesday 29th Sept	8.30am to 3.30pm	£165 member £189 non member

## Chase the Rhythm - Kimbles Music & Movement

Linking our activities to the new EYFS we use a variety of music from around the world facilitating a toe tapping, foot stomping, thigh slapping, tummy tickling, hand clapping, instrument playing, lycra pulling, parachute waving, bottom wriggling fun filled experience for both carers and children alike.

Songs to motivate children to move, developing both the body and brain.

Dance like a chicken

Catch the flavour of the ice cream,

Enjoy splashing in the puddles

Be a rock and roll star, move with the groove to the disco with dough.

Chase the Rhythm makes learning fun!

VENUE	DATE	TIME	COST Ex VAT
Crown Hills Community College	Thurs 1st Oct	4pm - 6pm	£20 member £30 non member

## Emergency First Aid at Work

- Understanding the role of the first aider including reference to the use of available equipment and the need for recording incidents and actions
- Understand the importance of basic hygiene in first-aid procedures
- Assessing the situation and circumstances in order to act safely, promptly and effectively in an emergency
- Administer first aid to a casualty who is unconscious and/or in a seizure
- Administer cardiopulmonary resuscitation
- Administer first aid to a casualty who is wounded or bleeding and/or in shock
- Administer first aid to a casualty who is choking
- Provide appropriate first aid for minor injuries

You will receive a certificate from our awarding body, Quasafe, valid for 3 years

VENUE	DATE	TIME	COST Ex VAT
VESA @ Crown Hills Community College	Friday 2nd Oct	9am - 3.30pm	£50 member £75 non member

## Traditional Playground Games “The Hidden Treasure”

The role of traditional playground games and play to a child's education can be forgotten. Tap into the potential of these games to unlock fundamental movement skills, develop emotional intelligence and unlock cognitive development. Model these with children in PE lessons, create purposeful play and enrich your classroom experiences. Explore strategies, learn games, circle time, carpet time and classroom activities which will engage and enthuse children. Games and activities to take away and use. Practical strategies and case studies for you to develop your own classroom and school play.

VENUE	DATE	TIME	COST Ex VAT
Ellesmere College	Tuesday 6th Oct	8.30am - 11.30am	£95 member £125 non member

## Let's Play Workshop, Therapeutic Play Strategies

This is a practical based workshop that will develop and extend the knowledge of the delegates in using simple playful activities to engage pupils that are otherwise effected by some presenting behaviours such as withdrawal, depression, fearfulness, shyness, acting out, anger, noncompliance, attachment issues and relationship problems. The lets play workshop explores possible reasons for this behaviour, looks at positive ways to engage these children and aid their ability to learn. The aim of the workshop is to open the minds of the delegates to the reasoning behind the behaviour. Understanding can lead to empathy and this can create a greater relationship between those involved. The workshop can be useful in identifying children who need extra support. The workshop by no means replaces the need for therapeutic work with certain individuals.

The workshop will cover:

- the topic of touch within your work.
- will cover the topic of early attachment issues
- looks at the brain science behind these issues
- opportunities to practise the activities that are suggested enabling the delegates to feel confident in using the skills and knowledge they obtain.

VENUE	DATE	TIME	COST Ex VAT
Ellesmere College	Tuesday 6th Oct	1pm - 4pm	£95 member £125 non member

VENUE	DATE	TIME	COST Ex VAT
Book both courses at this reduced cost	Tuesday 6th Oct	8.30am - 4pm	£165 member £189 non member

## Boccia Teachers Award

To identify inclusion issues within PE and school sport

Gain an understanding of the use of a non-traditional activity to widen the curriculum experience, providing effective learning opportunities for all pupils as specified within the National Curriculum

Create solutions for inclusion within PE and school sport through engagement in the sport of Boccia, for example: setting suitable learning challenges, responding to the diverse learning needs of individual pupils, helping to overcome potential barriers to learning and assessment for individuals and groups of pupils, particularly for individuals with a disability and special education needs.

Teach the game and Boccia skill practices

Gain an understanding of how Boccia fits within the four strands of the national curriculum

Identify and understand how Boccia can be utilised to contribute towards an increase in the number of pupils, and particularly those with disabilities, taking part in a minimum of two hours of high quality PE and school sport each week within and beyond the curriculum

VENUE	DATE	TIME	COST Ex VAT
Ellesmere College	Tues 6th October	9.30am - 3.30pm	£95 member £125 non member

## Val Sabin - Outstanding PE

This is a largely practical course which illustrates how a core set of skills and principles of movement can be applied and developed across all areas of the PE curriculum. This knowledge and understanding will enable practitioners to ensure that pupils are engaged in active learning through physical education.

Practitioners can challenge pupils to develop and progress, by applying the core PE principles (Building Blocks) in lessons so learners can all achieve.

Planning a balanced PE curriculum with a wide range of engaging and motivating experiences is key to learning, together with the exploration of teaching styles and teaching and learning strategies. By experiencing example activities for Gymnastics Games and Dance, participants will build their confidence in teaching at Key Stages 1 and 2. Expected minimum standards of performance will help participants make judgments about pupil's attainment in relation to the end of Key Stage statement of attainment and help children to progress through formative assessment. Each practitioner will receive a copy of "Outstanding PE –The Building Blocks" as part of the course.

VENUE	DATE	TIME	COST Ex VAT
Huncote Pavilion	Wed 7th Oct	9am - 3pm	£165 member / £189 non member

## High Quality PE for Pupils with Autistic Spectrum Disorders

This course explores how young people with autistic spectrum disorders can experience high quality PE with pedagogical approaches that can be developed and adopted by teachers, learning support assistants and other practitioners to increase the quality of their development. The course, its resources and the approaches outlined have been drawn from good practice that has emerged through both special and mainstream schools and from primary through to further education settings.

- Delivering High Quality PE to young people with Autistic Spectrum Disorders.
- Sensory issues.
- Communication.
- Structure – Anchors and Routines.

VENUE	DATE	TIME	COST Ex VAT
Huncote Pavilion	Monday 12th Oct	9.30am - 3.30pm	£95 member £125 non member

## Hi 5 Netball Workshop

*High 5* involves rotating positions and a variety of leadership roles to encourage maximum participation and skill development. This three-hour practical workshop is accompanied by a DVD covering all you need to know about passing and-moving, footwork and shooting. You'll be provided with handy skills cards to use during sessions, *High 5* rotation sheets, centre pass marker and score cards, and a rule book to help you and your players become more familiar with the game.

VENUE	DATE	TIME	COST Ex VAT
Soar Valley Netball Centre	Tuesday 13th Oct	4pm to 6pm	£20 member / £30 non member

## Introduction to Mini Basketball

This is an introductory training workshop to support Teachers, PE and Sports specialists working in schools. In this short course participants will be provided with a range of activity examples which can be used in lessons or out of school hour's clubs together with guidance on teaching and coaching. Schools are encouraged to purchase the teaching manual which is "Mini Basketball a Guide to Teaching and Coaching" by Martin Spencer published by Val Sabin Publications and will receive a 10% discount if ordered through Chris Ripley or Ruth Mann.

VENUE	DATE	TIME	COST Ex VAT
Crown Hills Community College	Tues 27th Oct	4—6pm	£20 member £30 non member

## **ASA Swimming Module 1-FUNDamentals of School Swimming**

The National Curriculum Training Programme (NCTP) has been developed to equip school teachers and schools with the right skills and knowledge to deliver quality swimming lessons to help schools meet NC requirements.

High quality swimming lessons are key to a child's learning experience and essential to promote confidence and safety in the water. The NCTP delivers the right training to ensure school children receive the best quality aquatics education.

Class teachers and other adults who already have an established relationship with their pupils are absolutely the best placed people to make school swimming a success. For them to become confident in the delivery of swimming lessons at statutory national curriculum levels, they need support, training and the necessary resources

On completion of the NCTP courses candidates will receive CPD Certificate for Teaching School Swimming (Key Stages 1 and 2)

<b>VENUE</b>	<b>DATE</b>	<b>TIME</b>	<b>COST Ex VAT</b>
Aylestone Leisure Centre TBC	Monday 2nd Nov	9 - 3pm	£95 member £125 non member

## **ASA Swimming Module 2-Aquatic Skills of School Swimming**

The National Curriculum Training Programme (NCTP) has been developed to equip school teachers and schools with the right skills and knowledge to deliver quality swimming lessons to help schools meet NC requirements.

High quality swimming lessons are key to a child's learning experience and essential to promote confidence and safety in the water. The NCTP delivers the right training to ensure school children receive the best quality aquatics education.

Class teachers and other adults who already have an established relationship with their pupils are absolutely the best placed people to make school swimming a success. For them to become confident in the delivery of swimming lessons at statutory national curriculum levels, they need support, training and the necessary resources

On completion of the NCTP courses candidates will receive CPD Certificate for Teaching School Swimming (Key Stages 1 and 2)

<b>VENUE</b>	<b>DATE</b>	<b>TIME</b>	<b>COST Ex VAT</b>
Aylestone Leisure Centre TBC	Tuesday 3rd Nov	9 -3pm	£95 member £125 non member

## PE Subject Leader Network Event

This event allows the local network of PE professionals to come together at key points of the year to share good practice, access training and network. These are designed to be practically based to show PE subject leaders the most up to date ideas in teaching and will include both local and national updates.

Topics to be discussed:

- Implementation of the new national curriculum 2014
- Sport Premium monitoring and impact assessment
- Effective PE subject leadership
- Assessment, recording and reporting of Reception, KS1 and KS2 PE
- Curriculum planning, schemes of work and short term planning for PE
- Learning walks, lesson observations and improving the quality of teaching in PE

VENUE	DATE	TIME	COST Ex VAT
Huncote Pavilion	Wed 4th Nov	9am - 12noon	£95 member / £125 non member

## Preparing for Ofsted

The PE & School Sport Premium has meant more expectations in relation to monitoring, evaluation and impact. There has now been changes that directly relate to this funding and physical education in the January 2015 School Inspection Handbook. This course is designed to ensure that you are your school are ready for what maybe asked of you. This course will cover what Inspectors will be assessing and reporting on how effectively this funding is being used to improve physical education and sport provision when making the judgement on the quality of the school's leadership and management. It will also be inspecting the quality of teaching in physical education and the achievement of children in relation to:

- physical activity levels• physical development• physical literacy
- impact on whole school outcomes• choices relating to healthy active lifestyles
- involvement in extra curricular and competitive opportunities• swimming

VENUE	DATE	TIME	COST Ex VAT
Huncote Pavilion	Wed 4th Nov	1pm - 4pm	£95 member £125 non member

VENUE	DATE	TIME	COST Ex VAT
Book both courses at this reduced cost	Wed 4th Nov	9am - 4pm	£165 member £189 non member

## Lark in the Park - Kimbles Music & Movement

Linking our activities to the new EYFS we use a variety of music from around the world facilitating a toe tapping, foot stomping, thigh slapping, tummy tickling, hand clapping, instrument playing, lycra pulling, parachute waving, bottom wriggling fun filled experience for both carers and children alike.

Through Imaginative play we can drive our jeep

Lark in the park

Ride a horse to Grandpa Joe's

Dance with the cowboys

Go rocking with Ted

Paddling in the sea

Running on the spot as well as sing along to traditional favourites.

Lark in the park makes learning fun!

VENUE	DATE	TIME	COST Ex VAT
Bosworth Academy	Tuesday 10th Nov	4pm - 6pm	£20 member £30 non member

## Val Sabin Action Kids

This is a very full and comprehensive one-day course for practitioners working in the Foundation Stage and Key Stage 1. Active and thought-provoking, it stimulates them to use a more interesting and enjoyable approach to physical development and guides recognition of individual children who experience certain difficulties. Practitioners are guided through several different types of activities and are encouraged to use their creativity and a wide range of teaching and learning strategies.

The course explores how to progress and develop co-ordination, balance, mobility, spatial awareness and manipulative and aiming skills. It also encourages different and imaginative ways of enhancing and integrating all the other areas of learning through physical development. This course is ideal for anyone who works in the Early Years curriculum and wishes to update their subject knowledge and access new and exciting material.

VENUE	DATE	TIME	COST Ex VAT
Rolleston Primary School	Tuesday 17th Nov	9am - 3pm	£165 member £189 non member

## Primary Badminton Workshop

Course outcomes - candidates will:

Be able to introduce children to the fundamental movement patterns required for all sport (gait, squat, lunge, bend/flexion, push, pull, rotate/twist)

Understand Long Term Athlete Development and its importance in badminton.

Be able to set up meaningful badminton practices/activities suited to the age and stage of the child, the size of the group and the facility/equipment available

Be able to set up competitive badminton games and activities suited to the age and stage of the child, the size of the group and the facility/equipment available

Be able to use and adapt the resources to develop lesson plans and programmes of work for badminton activities.

VENUE	DATE	TIME	COST Ex VAT
Babington Community College	Wed 18th Nov	4pm - 6pm	£20 member £30 non member

## Energy Club Course - Encouraging and developing healthy lifestyles

Energy Clubs encourages children aged 4-11 to engage in healthy lifestyle choices through fun, physical activities and nutrition activities. The clubs aim to engage children in year 3 and 4 who may not normally enjoy taking part in physical activity, who may not usually participate in sport outside of PE lessons, who lack in confidence or who may have health barriers to participation i.e. be overweight. The course will provide support for schools and staff at primary schools to prepare them to deliver 30 minute extra-curricular activity sessions for targeted groups of children, including a range of ideas and strategies for engaging young people in healthy lifestyles. Sessions plan ideas will be provided for each candidate. The course is suitable for any school staff, sports coach or parent who wants to deliver, invigorate or sustain a physical activity and health themed club at your school.

VENUE	DATE	TIME	COST Ex VAT
Green Towers	Thurs 19th Nov	1pm to 4.30pm	£20 member / £30 non member

## TOP Sportsability

Orientation of the new TOP Sportsability online resource

Familiarisation of TOP Sportsability equipment

Practical session on inclusion strategies and zoning and reverse integration

To provide a vehicle for the inclusion of disabled and non-disabled young people in physical activity and sport

To suggest specific ideas and strategies to support the inclusion of young people who have significant special needs and impairments

As a basic introduction to a range of sports, including three current Paralympic sports, in support of the School Games programme

VENUE	DATE	TIME	COST Ex VAT
Leicester-shire Centre for Integrated Living	Tues 24th Nov	11.30am - 3.30pm	£95 member £125 non mem- ber

## Managing Challenging Behaviour in PE

The environment for teaching Physical Education whether it is outside or in the school hall can present challenges when keeping pupils engaged and on task.

This course looks at strategies and techniques that will allow staff to engage and support students with challenging behaviour.

It is designed to give practical advice and support for teachers, HLTA's, TA's working in both mainstream and special education.

Led by a Behaviour Specialist this is an opportunity to receive professional, practical training to ensure all pupils within lessons are engaged and more importantly safe.

Course Objectives:

- To provide strategies for dealing with challenging behaviour
- To build confidence in dealing with challenging behavior

VENUE	DATE	TIME	COST Ex VAT
Bosworth Academy	Wed 25th Nov	1pm - 4pm	£95 member £125 non member

## Val Sabin Mini Basketball for Teachers & Coaches

The content of the course will focus on Mini Basketball, a game for children where the adult game of Basketball has been adapted to suit the requirements of Primary School children and make it appropriate for their age group. Participants will go through a familiarisation of the Mini Basketball Fundamentals of Agility, Balance and Co-ordination and Speed, together with developing Game Skills. The rules and format of the "Take 6" Mini Basketball game will be introduced. The course is essentially practical, supported by theory as presented in "Mini Basketball, a Guide to Teaching and Coaching" which accompanies the course. National Curriculum links and risk assessment will be addressed. The target group for this course is Teachers and Basketball Coaches working with schools.

### Includes extensive resources provision

VENUE	DATE	TIME	COST Ex VAT
Crown Hills Community College	Monday 4th Jan	9am - 3pm	£189 member £224 non member

## Level 1 Award - Pool Emergency Procedures

Holders of the STA Award in Pool Emergency Procedures (PEP) are able to act as a rescuer, trained in pool rescue, adult, child and infant CPR techniques competent to deal with poolside emergencies in accordance with The HSE Publication Managing health and safety in swimming pools and British Standard BS EN 15288 swimming pools Part 2, safety requirements for operations. It will suit candidates who require a prerequisite lifesaving qualification for all STA swimming teaching courses.

### Pre-requisites

- Be able to recover an object from the deepest part of the pool.
- Be able to swim 25 metres (candidates who cannot swim 25 metres must be able to demonstrate the ability to wade, and effect a rescue, in a pool with a depth no greater than chest depth).

VENUE	DATE	TIME	COST Ex VAT
Bosworth Academy	Wednesday 6th Jan	9 - 3pm	£95 member £125 non member

## ASA Swimming Module 1 - FUNdamentals of School Swimming

The National Curriculum Training Programme (NCTP) has been developed to equip school teachers and schools with the right skills and knowledge to deliver quality swimming lessons to help schools meet NC requirements.

High quality swimming lessons are key to a child's learning experience and essential to promote confidence and safety in the water. The NCTP delivers the right training to ensure school children receive the best quality aquatics education.

Class teachers and other adults who already have an established relationship with their pupils are absolutely the best placed people to make school swimming a success. For them to become confident in the delivery of swimming lessons at statutory national curriculum levels, they need support, training and the necessary resources. On completion of the NCTP courses candidates will receive CPD Certificate for Teaching School Swimming (Key Stages 1 and 2).

VENUE	DATE	TIME	COST Ex VAT
Bosworth Academy	Thursday 7th Jan	9 - 3pm	£95 member £125 non member

## ASA Swimming Module 2 - Aquatic Skills of School Swimming

The National Curriculum Training Programme (NCTP) has been developed to equip school teachers and schools with the right skills and knowledge to deliver quality swimming lessons to help schools meet NC requirements.

High quality swimming lessons are key to a child's learning experience and essential to promote confidence and safety in the water. The NCTP delivers the right training to ensure school children receive the best quality aquatics education.

Class teachers and other adults who already have an established relationship with their pupils are absolutely the best placed people to make school swimming a success. For them to become confident in the delivery of swimming lessons at statutory national curriculum levels, they need support, training and the necessary resources. On completion of the NCTP courses candidates will receive CPD Certificate for Teaching School Swimming (Key Stages 1 and 2)

VENUE	DATE	TIME	COST Ex VAT
Bosworth Academy	Friday 8th Jan	9 - 3pm	£95 member £125 non member

## PE Subject Leader Network

This event allows the local network of PE professionals to come together at key points of the year to share good practice, access training and network. These are designed to be practically based to show PE subject leaders the most up to date ideas in teaching and will include both local and national updates.

Topics to be discussed:

- Implementation of the new national curriculum 2014
- Sport Premium monitoring and impact assessment
- Effective PE subject leadership
- Assessment, recording and reporting of Reception, KS1 and KS2 PE
- Curriculum planning, schemes of work and short term planning for PE
- Learning walks, lesson observations and improving the quality of teaching in PE

VENUE	DATE	TIME	COST Ex VAT
Huncote Pavilion	Thurs 14th Jan	9am - 12noon	£95 member £125 non member

## PE as a Tool for Whole School Improvement

As we move into really scrutinising the impact of the PE & School Sport spend more and more focus will be spent looking at how this has effected whole school improvement. Physical education in it's true sense is the development of physical literacy which enables a school and it's staff develop 'with it kids'. Children who make the right choice, at the right time in whatever scenario they find themselves in; they become independent and resilient learners. These children also attain higher academic achievement. This course covers strategies, case studies and improvement planning, which will impact on progress of your children in your school through utilising proven simple, effective small steps.

Delegates will have example case studies and strategies to take back and use at their school. Example PE improvement plans and links to whole school improvement areas with impact shown will be provided .

VENUE	DATE	TIME	COST Ex VAT
Huncote Pavilion	Thurs 14th Jan	1pm - 4pm	£95 member £125 non member

VENUE	DATE	TIME	COST Ex VAT
Book both courses at this reduced cost	Thurs 14th Jan	9am - 4pm	£165 member £189 non member

## Key Step Gymnastics Workshop

The Key Step Gymnastics competition resource is a competition framework for 'grass-roots' development of gymnastics in Primary schools linked to the Sainsbury's School Games. Although the pack is foremostly a competition resource, the information from the pack e.g. example routines, the supporting DVD and advice about individual skills progressions, helps to enhance curricular PE lessons. This course will enable the attendee to become familiar with the Key Steps routines and become more confident in supporting pupils to enter the School Games Gymnastics events.

There are 3 gymnastic areas, known as 'disciplines' in Key Step.

These are floor, vault and body management.

1. Floor: Sequences of gymnastic skills performed on a small matted area.

Routines include balancing, jumping, rolling and flexibility skills. Music is optional at level 3

2. Vault: Skills are performed travelling on and off a bench (level 1) or box top (levels 2 & 3), at levels 2 & 3 vault can be taught with or without springboard

3. Body Management: Routines designed to prepare the body for gymnastics. Performed on a small matted area, routines include strength, flexibility, balance and co-ordination skills There are 3 levels of routines within each discipline (Floor, Vault and Body Management). Key Step 1 is aimed at complete beginners. Each subsequent level involves progressively more advanced skills.

4. Key Step 1 = Key Stage 1 (National Curriculum Years 1 & 2)

5. Key Step 2 = Lower Key Stage 2 (National Curriculum Years 3 & 4)

Key Step 3 = Upper Key Stage 2 (National Curriculum Years 5 & 6)

VENUE	DATE	TIME	COST Ex VAT
Stokeswood Primary	Wed 20th Jan	4pm - 6pm	£20 member £30 non member

## Cricket Teachers Award (Inclusive)

Teachers will learn basic cricket skills and drills to increase their understanding and confidence when delivering cricket-based activities. They will also be shown how to adapt these skills to suit the various abilities they may have in their class/sports group.

- Batting
- Bowling
- Fundamental Skills (hand eye/limb coordination)
- Adaptations

VENUE	DATE	TIME	COST Ex VAT
Ellesmere College	Wed 27th Jan	4pm - 6pm	£20 member £30 non member

## Val Sabin Primary Gymnastics for Reception KS1 & KS2

A Val Sabin Gymnastics course will develop and extend the knowledge and understanding of teachers in Reception (4 years), Key Stage 1, (5-7 years) and Key Stage 2, (8-11 years) and build confidence in their delivery of Gymnastics lessons. The course will examine and encourage progression and development from Reception through to Year 6 using a whole school schematic approach. The progressive and safe teaching of warm ups and basic gymnastic skills will be explored, in both individual and pair situations. Combined with this, an understanding of principles of movement, sequence-construction and extension will be developed both on floor and apparatus. This will equip practitioners with the knowledge and understanding to encourage creativity and build in complexity as pupils' progress through the school. The course will also thoroughly explore the organisation and safe use of apparatus in a way which will enable pupils to build confidence and develop skills. Expected minimum standards of performance will be identified in detail at the end of years 2 (7 years), 4 (9 years) and 6(11 years) to help teachers make more accurate judgements of progress and attainment. Issues of differentiation and inclusion will be addressed.

VENUE	DATE	TIME	COST Ex VAT
Richmond Primary	Thurs 28th Jan	9am - 3pm	£165 member £189 non member

## Quicksticks Hockey

Quicksticks is a 4 a-side introductory game of hockey, designed especially for 7-11 year olds to play. It can be played on any surface, and uses a larger, lighter and safer ball. The game is designed in a way that makes it easy for teachers and coaches to deliver, even if they have little or no prior knowledge of hockey. Supported by 49 illustrated Challenge Cards which introduce the game gradually and a full Curriculum Resource which includes six-weeks worth of lesson plans for the whole Key Stage 2 curriculum, Quicksticks can be played or taught by anyone! The general philosophy is to have fun whilst learning and developing core skills. Quicksticks training courses are designed as an introduction and to help build confidence in its delivery. The course objectives are as follows;

- Introduction of Quicksticks
- To understand how Quicksticks is played
- To understand how the resources work – Curriculum Resource and Challenge Cards
- To ensure safe practise in the delivery of Quicksticks
- Increase confidence of teachers/community sports coaches to deliver Quicksticks

VENUE	DATE	TIME	COST Ex VAT
Soar Valley Community College	Tues 2nd Feb	4pm - 6pm	£20 member £30 non member

## Learn through Play - Kimbles Music & Movement

Linking our activities to the new EYFS we use a variety of music from around the world facilitating a toe tapping, foot stomping, thigh slapping, tummy tickling, hand clapping, instrument playing, lycra pulling, parachute waving, bottom wriggling fun filled experience for both carers and children alike.

Through Imaginative play we can drive a police car over the rainbow

Stop off to help Mick to fix an aeroplane

Go spinning with Teddy

Flying with friends

Dancing with clowns as well as sing along to traditional favourites

Learning through play makes learning fun!

VENUE	DATE	TIME	COST Ex VAT
South Wigston High School	Thurs 4th Feb	4pm - 6pm	£20 member £30 non member

## Emergency First Aid at Work

- Understanding the role of the first aider including reference to the use of available equipment and the need for recording incidents and actions
- Understand the importance of basic hygiene in first-aid procedures
- Assessing the situation and circumstances in order to act safely, promptly and effectively in an emergency
- Administer first aid to a casualty who is unconscious and/or in a seizure
- Administer cardiopulmonary resuscitation
- Administer first aid to a casualty who is wounded or bleeding and/or in shock
- Administer first aid to a casualty who is choking
- Provide appropriate first aid for minor injuries

You will receive a certificate from our awarding body, Quasafe, valid for 3 years.

VENUE	DATE	TIME	COST Ex VAT
VESA @ Crown Hills Community College	Friday 5th Feb	9am - 3.30pm	£50 member £75 non member

## Sainsburys Inclusive PE

Training involves both theory and practical.

The course is six hours and is made up of both online and face-to-face elements.

You will be supported to share material with your colleagues and have access to an online portal to support your continued professional development.

- To support you to have a clearer understanding of the needs of all pupils.
- To enable you to use teaching strategies to ensure all pupils are engaged and making good progress.
- To help teachers embed inclusive practice in their planning, delivery and assessment within the curriculum

VENUE	DATE	TIME	COST Ex VAT
Huncote Pavilion	Tues 9th Feb	9.30am - 3.30pm	£95 member £125 non member

## Moving from Good to Outstanding in PE

This course will cover classroom management, assessment, teaching and learning strategies that can be utilised to support in moving teaching of Physical Education from good to outstanding. It is designed to give practical examples of how teachers can build learning opportunities for pupils to show rapid progress, the fine 'tweaks' and how they can apply 'active intervention' with higher level effective questioning that has a striking impact on the quality of learning. To know how to utilise effective assessment to inform planning apply excellent subject 'gauge' and check prior learning quickly to impact rapidly on progress. To understand how to show rapid progress during lessons and progress over time by illustrating effective strategies and 'tweaks' in pedagogy. To give delegates strategies and activities to show attainment beyond the expected standards for their year; to develop strategies and show examples of feedback and dialogue between teachers, other adults and pupils that are consistently high.

VENUE	DATE	TIME	COST Ex VAT
Huncote Pavilion	Wed 10th Feb	9am - 12noon	£95 member £125 non member

## Assessing PE

This course will cover example activities, tracking, monitoring and teaching resources that are used in the assessment of Physical Education. It will also cover methods and resources to track progress over time and attainment of a class as well as for an individual pupil so they can be identified for intervention and to ensure your assessment informs planning. We will utilise a simple and quick grid system, ensure next steps progression and ensure you are clear on age related expectations in relation to physical literacy taught through physical education. To know how to create and utilise effective baseline data. To understand how to show progress during lessons with effective strategies for the start of lessons, the use of core tasks, active intervention and the plenary in the assessment process. To give delegates strategies and activities which show how pupils can demonstrate how they apply skills, show knowledge and understanding and self and peer assess. Show how lesson by lesson, across a unit of work, throughout a year and across a Key Stage, assessment can be integral, seamless and meaningful to teachers and pupils.

VENUE	DATE	TIME	COST Ex VAT
Huncote Pavilion	Wed 10th Feb	1pm - 4pm	£95 member £125 non member

VENUE	DATE	TIME	COST
Book both courses reduced cost	Wed 10th Feb	9am - 4pm	£165 member £189 non member

## Val Sabin Athletics

A Val Sabin Athletics course develops and extends the understanding of teachers and builds confidence in their delivery of interesting, exciting and inclusive athletics lessons. It demonstrates how to develop pupils' all-round physical and athletic fluency through a wide range of enjoyable, stimulating activities and challenges based on the core actions of walking, running, jumping and throwing. Each group of core skills and related athletic events are explored and safety issues are identified and addressed throughout the course. Participants experience a range of intrinsically interesting and enjoyable activities to prepare the bodies and minds of the children they teach. Safety issues and organisation are an integral part of the course. Participants are made familiar with the contents of the manual and how to use it most effectively. Minimum expected standards of performance are identified in detail at Years 2 (7 years), 4 (9) and 6 (11 years) to help participants make judgements about progress attainment, and methods of assessment will be discussed.

VENUE	DATE	TIME	COST
Green Towers	Tues 1st March	9am - 3pm	£165 member, £189 non member

## TAG Rugby Workshop

The course is suitable for teachers, coaches and other school staff to introduce the non-contact game of tag rugby.

Tag rugby provides a safe and simple introduction to the game of rugby union.

The game introduces both the player and coach to the fundamentals of evasive running, handling and passing, as well as the basic rules and principles of the game of rugby union. Tag rugby is a fast paced fun game suitable for boys and girls.

By the end of the course candidates will be able to deliver a safe, enjoyable coaching session; coach basic rugby skills of running, evasion, handling and passing; safely introduce and apply the rules of the tag game.

VENUE	DATE	TIME	COST Ex VAT
Belgrave RFC	Wed 2nd March	4pm -6pm	£20 member £30 non member

## Supporting Gifted & Talented Pupils in PE

This course process of identifying, selecting, providing for and supporting the most able pupils. How to ensure it is an integral part of PE, More Able, Gifted and Talent education should reflect the aims, content and outcomes of the school's overall PE programme. It will also cover policy, strategy and practical examples of how high quality More Able, Gifted and Talent education draws on, and extends, the knowledge and skills that underpin effective PE teaching. So, how to ensure More Able, Gifted and Talented education should prove an exciting challenge for teachers, and have a positive impact on the learning of all pupils, not just those currently identified as talented.

- To give delegates examples of More Able, Gifted & Talented policy and identification in physical education;
- To explain strategies, case studies and provide resources to support More Able, Gifted & Talented pupils at your school.

VENUE	DATE	TIME	COST Ex VAT
Soar Valley Training Centre	Tues 15th March	1pm - 4pm	£95 member £125 non member

## Introduction to Boccia & Kurling

This course gives you an in-depth understanding of these two adapted sports, Boccia and Kurling. They can be enjoyed by anyone regardless of age or ability.

With each sport you can expect

- an introduction to the game, equipment and safety considerations
- skills cards to introduce the basic skills of the sport,
- games to help with learning the rules
- tactics and coaching scenarios.

VENUE	DATE	TIME	COST Ex VAT
Ellesmere College	Wed 16th March	4pm - 6pm	£ 20 member £30 non member

## Mini Tennis Workshop

This 3 hour 'Primary School Teacher Training Course' has been developed to give teachers the confidence and tools to deliver tennis to a class of children in a small space. The course is supported by an innovative DVD teaching aid, which is pupil facing and delivers the demonstrations and progressions directly to the children, allowing the teacher to do what they do best, teach.

Each teacher that attends the course receives:

Primary Schools Tennis DVD Box Set & Handbook Guide to Schools Tennis

Schools Tennis Competition Guide Tennis Activity Week Pack (cross curricular resource)

Out of School Hours Tennis Club Toolkit

VENUE	DATE	TIME	COST Ex VAT
Knighton Tennis Centre TBC	Wed 16th March	4pm - 6pm	£20 member £30 non member

## Stepping Stones – above and beyond FUNDamental movement skills

This course will cover fundamental movement skills that form the bedrock of a child's physical development and ensure they can achieve and exceed age related expectations. It will cover the pedagogy, theoretical concepts and activities that relate to key body smart movements, core strength, spatial awareness, rhythm and decision making. It will also highlight key milestones including taking body weight on hands as well as the key concepts related to movement skill progression. Example activities and core tasks resources will be utilised to show pedagogy used to teach basic body shapes, travelling including hopping, skipping without and with a rope, throwing and catching, rotation and jumping movement skills. Explore ideas and strategies to ensure 'mastery' and support rapid progression of children's fundamental movement skills. We will also explore how learning through the physical can also improve emotional intelligence and cognitive abilities enabling you to support the development of 'with it' kids. Example activities to take away to use in lessons straight away. Strategies for focused groups, whole class and intervention programmes to ensure and support progress. Resources to take away and use in your school.

VENUE	DATE	TIME	COST Ex VAT
Richmond Primary	Tuesday 22nd March	9.30am - 3.30pm	£20 member £30 non member

## Tri Golf Workshop

This course is designed to familiarise individuals with the Tri-Golf equipment, the game cards and associated resources. It provides you with the knowledge required to maximise the potential of the scheme and deliver activities in a structured programme linked to the delivery of the 'School Games' initiative. By the end of the workshop, teachers should be able to:

- Introduce golf to a large group of children in a fun and safe way.
- Use a variety of game cards and equipment to maximise inclusion and progression of activity.
- Understand and apply simple games to aid learning.
- Enjoy enhanced competence and confidence in delivering Tri-Golf to children for School Games Level 1 & 2 competitions

In addition, those attending should be able to:

- Link Tri-Golf to the four strands of the PE Curriculum (Key Stages 1 and 2).
- Link Tri-Golf to other areas of the curriculum such as literacy and numeracy.
- Understand follow-on opportunities for their pupils within local community coaching programmes and through links to local golf clubs.

VENUE	DATE	TIME	COST Ex VAT
South Wigston High School	Tuesday 12th April	4pm -6pm	£20 member £30 non member

## Val Sabin Dance for Reception , KS1 & KS2

The dance course identifies the core skills and principles of movement which comprise the 'Language of Dance' and develop and extend the knowledge, understanding and confidence of teachers in the delivery of dance in the curriculum. Participants explore and experience practically a range of teaching styles and strategies and a variety of stimuli including story, tactile objects, scarves, paintings, sound, sport, forms of greeting, social, moral and environmental issues and music etc. The essential aspects of composing, performing and evaluating are identified and examined and guidance is given on helping pupils to create, problem solve and evaluate their own work and the work of others. Dance activities appropriate for each age group are linked to national curriculum requirements and minimum expected standards of performance. The provision of Reception, Key Stage 1, and Key Stage 2 (4-11 years), schemes of work in the form of teaching manuals is linked and central to the course. Participants are made familiar with their contents and how to use them to their best advantage.

VENUE	DATE	TIME	COST Ex VAT
Huncote Pavilion	Wed 13th April	9am - 3pm	£165 member £189 non member

## Inclusive Tennis Teacher Training

Teachers attending the course are shown ideas for teaching skills, strokes and competitive activity as well as empowered to use the AEGON Schools Tennis Inclusive Equipment Pack to differentiate those activities to ensure all young people can achieve.

Teachers are also provided with an overview of other areas of support and resource, including: disability awareness fact sheets, player pathways, case studies and cross curricular activities.

The course is supported by the Special Schools Tennis Teacher Resource and AEGON Schools Tennis Inclusive Equipment Pack to aid their teaching.

In addition to the above teacher resources, schools will receive an AEGON Schools Tennis Inclusive Equipment Pack (limited to one per school and if your school has not previously received one).

VENUE	DATE	TIME	COST Ex VAT
Huncote Pavilion	Wed 13th April	9am - 3pm	£165 member £189 non member

## Going on a Journey - Kimbles Music & Movement

Linking our activities to the new EYFS we use a variety of music from around the world facilitating a toe tapping, foot stomping, thigh slapping, tummy tickling, hand clapping, instrument playing, lycra pulling, parachute waving, bottom wriggling fun filled experience for both carers and children alike.

Songs to motivate children to move developing physical.

Take a ride on the magic carpet whilst we travel around the world to the rhythm of the jungle. The tropical island. The animals of Oz and count the fish in the sea.

Going on a journey makes learning fun!

VENUE	DATE	TIME	COST Ex VAT
Crown Hills CC	Tues 19th April	4pm - 6pm	£20 member £30 non member

## Kwik Cricket

This course will be delivered by Leicestershire and Rutland Cricket limited and is designed to give you confidence in delivering fundamental skills and cricket skills at your school primarily through game based learning.

On the day we will be going through lots of fun games that you can plan and deliver in your own PE sessions from fielding to batting. It is not only about knowing how to play cricket it is also about having fun and learning at the same time. This will help you engage your classes in participating in other sports and the children will increase their confidence, self-esteem and gain an understanding of how to work as team.

Each delegate will receive a resource pack.

VENUE	DATE	TIME	COST Ex VAT
Bosworth Academy	Thurs 21st April	4pm - 6pm	£20 member £30 non member

## Outdoor & Adventurous Activity in PE

This course will cover topic themes covered in KS1 and KS2.

It will give you examples of how to use learning through the physical, your physical education lessons and cover some of those key areas of problem solving, maps, compasses and other areas traditionally covered in OAA.

It will also cover the basic concepts and principals involved in utilising the environment and equipment available for those spaces in PE. It will show activities that can be completed in lessons by pupils that will help those who teach in a variety of activity areas, which have been highlighted in the new National Curriculum 2014.

- Example lesson plans to take away
- Resources to support KS1 and KS2 teaching of OAA to use back at your school

VENUE	DATE	TIME	COST Ex VAT
Stokeswood Primary	Tues 26th April	9am—3pm	£165 member £189 non member

## Certificate in Teaching Primary School Athletics

Aimed at qualified and trainee teachers and those supporting the management and delivery of high quality sport and physical education in primary schools.

This course aims to give teachers and others working in schools the knowledge, skills and confidence necessary to deliver enjoyable and engaging lessons that focus on encouraging maximum participation and increasing understanding, skill acquisition, fitness and enjoyment of children.

The courses are based on the **NEW Teaching Primary Schools Athletics resource** and demonstrate teaching progression across Primary School age groups in both generic and athletics specific running, jumping and throwing activities.

The **Run, Jump, Throw** resource has been designed to place running, jumping and throwing at the heart of school physical education and to support teachers in delivering athletics activities in an inclusive, exciting and engaging manner.

**Run, Jump, Throw** embraces a child's natural desire to move. The resource focuses upon running, jumping and throwing, the building blocks of athletics, which in turn underpin nearly all other sports and physical activities.

VENUE	DATE	TIME	COST Ex VAT
Huncote Pavilion	Wed 27th April	9am—3pm	£95 member £125 non member

## Sainsbury's Inclusive PE

Training involves both theory and practical.

The course is six hours and is made up of both online and face-to-face elements. You will be supported to share material with your colleagues and have access to an online portal to support your continued professional development.

- To support you to have a clearer understanding of the needs of all pupils.
- To enable you to use teaching strategies to ensure all pupils are engaged and making good progress.

VENUE	DATE	TIME	COST Ex VAT
Huncote Pavilion	Tues 17th May	9.30am - 3.30pm	£95 member £125 non member

## Val Sabin Games for Reception, KS1 & KS2

A Val Sabin Games course develops and extends the understanding of teachers and builds confidence in their delivery of games lessons in the curriculum using a true multi-skills approach.

Basic co-ordination and games skills are built up progressively using appropriate teaching and learning strategies.

Suitable, age appropriate co-operative and competitive game – like activities are explored and developed into small sided games and mini games in key stage 2 within the categories of Net/Wall, Striking/Fielding and Invasion games.

Basic game strategies and tactics are also introduced and developed.

Safe organisation of equipment, playing space and children are considered and addressed throughout the course as appropriate.

All aspects are explored within the context of a balanced and progressive scheme of work which encourages inclusion and develops co-operation; problem solving; creativity; and teamwork.

Minimum expected standards of performance are identified in detail at Years 2 (7 years), 4 (9 years), and 6 (11 years), to help participants make judgements about progress and attainment.

Methods of assessment are discussed

VENUE	DATE	TIME	COST Ex VAT
Mayflower Primary School	Thurs 26th May	9am - 3pm	£165 member £189 non member

## Let's Play Workshop , Therapeutic Play Strategies

This is a practical based workshop that will develop and extend the knowledge of the delegates in using simple playful activities to engage pupils that are otherwise effected by some presenting behaviours such as withdrawal, depression, fearfulness, shyness, acting out, anger, noncompliance, attachment issues and relationship problems.

The let's play workshop explores possible reasons for this behaviour, looks at positive ways to engage these children and aid their ability to learn.

The aim of the workshop is to open the minds of the delegates to the reasoning behind the behaviour.

Understanding can lead to empathy and this can create a greater relationship between those involved.

The workshop can be useful in identifying children who need extra support.

The workshop by no means replaces the need for therapeutic work with certain individuals.

The workshop will cover the use of touch within your work, early attachment issues, looks at the brain science behind these issues, opportunities to practice the activities that are suggested enabling the delegates to feel confident in using the skills and knowledge they obtain.

VENUE	DATE	TIME	COST Ex VAT
Huncote Pavilion	Wed 15th June	9am - 12noon	£95 member £125 non member

### **The 1st4sport Level 3 NVQ Diploma in Supporting the Delivery of Physical Education and School Sport (QCF)**

The qualification has been developed in partnership with the Association for Physical Education (afPE). It is a competence-based qualification that confirms occupational competency for those operating in a school sport setting and provides an introduction to further opportunities for them to work within physical education and school sport as a:

higher level teaching assistant (HLTA), teaching assistant (TA), sports development officer  
sports coach, volunteer or leader.

The qualification is perfect for those who already work, or aspire to work, in a physical education and school sport setting as it specifically designed to provide them with a greater understanding of programmes of study for physical education, the national curriculum and the environment in which they will be operating. Completing this qualification can help learners work towards becoming a TA. This is because it can also lead to the achievement of the Level 3 Award in Supporting Teaching and Learning in Schools (QCF), which is a qualification that provides the underpinning knowledge and understanding for those working directly with children or young people in schools. The qualification is also the combined knowledge and competence component for the Advanced Apprenticeship in Supporting Teaching and Learning in Physical Education and School Sport.

**To find out more contact: [ls1ssp.office@gmail.com](mailto:ls1ssp.office@gmail.com)**

## **Level 5 Certificate in Primary School Physical Education Specialism Level 6 Award in Primary School Physical Education Subject Leadership**

***“For Primary School Teachers and Teaching Assistants who wish to continue their Professional Development”***

### **What are the qualifications?**

**NEW** bespoke physical education and school sport qualifications for primary school teachers developed by the **Association for Physical Education and Sports Leaders UK**.

### **Why?**

The aim of the qualifications is to upskill primary generalist teachers to be able to assist (Level 5) or lead (Level 6) the delivery of high quality primary school PE. These qualifications will be an effective use of some of the primary physical education and school sport premium funding.

### **Who are these qualifications aimed at?**

Primary school teachers and higher level teaching assistants will be able to undertake the qualifications.

### **Level 5 Certificate in Primary School Physical Education Specialism:**

This is a nationally recognised qualification that aims to upskill primary school teachers and higher level teaching assistants to improve the overall delivery of the physical education curriculum within primary schools. On successful completion of this qualification, delegates will be able to assist in raising the standards within primary school physical education teaching.

### **Level 6 Award in Primary School Physical Education Subject Leadership:**

This is a recognised qualification to improve the overall delivery of the physical education curriculum within primary schools. The aim of this qualification is to upskill primary school teachers to enable them to lead on the delivery of the primary school physical education curriculum. On successful completion of this qualification, delegates will be able to take subject leadership within primary school physical education teaching and deliver high quality primary school physical education. Level 5 must be completed prior to starting Level 6. **N.B.** You need to have qualified teacher status (QTS) to undertake the Level 6 award.

### **How many hours training are involved?**

The guided learning hours (GLH) are as follows:

**Level 5** – 141 hours which includes 45 tutored hours and 96 independent learning hours.  
**Level 6** – 38 hours which includes 18 tutored hours and 20 independent learning hours.

**For more information contact Learning South Leicestershire SSP @ [lsssp.office@gmail.com](mailto:lsssp.office@gmail.com)  
Or Hinckley & Bosworth SSPAN @ [chrisr9@bosworthacademy.org.uk](mailto:chrisr9@bosworthacademy.org.uk)**

## Contact Information

Information on all CPD courses will be sent out via e-mail. To book places please go to [www.learningsouthleicestershiressp.org.uk](http://www.learningsouthleicestershiressp.org.uk) and click book courses and events.

For further information please contact:

### Learning South Leicestershire School Sports Partnership

South Wigston High School  
St Thomas Road  
South Wigston  
Leicester  
LE18 4TA



**Telephone:** 0116 277 4575 (Option 1)

**Blaby & Harborough:** Ruth Mann; [rmann@countesthorpe.cc](mailto:rmann@countesthorpe.cc)

**Oadby & Wigston:** Anne Clarke; [anneclarke1801@gmail.com](mailto:anneclarke1801@gmail.com)

**Office:** [lsissp.office@gmail.com](mailto:lsissp.office@gmail.com)

**Website:** [www.learningsouthleicestershiressp.org.uk](http://www.learningsouthleicestershiressp.org.uk)

### Hinckley & Bosworth School Sport and Physical Activity Network

Bosworth Academy  
Leicester Lane  
Desford  
Leicestershire  
LE9 9JL

**Telephone:** 01455 822841 ext 249

**E-mail:** Chris Ripley;

[chrisr9@bosworthacademy.org.uk](mailto:chrisr9@bosworthacademy.org.uk)

**Website:** [www.hbsha.org.uk](http://www.hbsha.org.uk)



### Leicester City School Sport and Physical Activity Network

#### East Leicester

Crown Hills Community College  
Gwedolen Road  
Leicester  
LE5 5FT

**Telephone:** 0116 273 6893 ext 2 07790 347 271

**E-mail:** Sarah Lansdowne; [sarahgoacher@yahoo.co.uk](mailto:sarahgoacher@yahoo.co.uk)

#### West Leicester

The Lancaster School  
Knighton Lane East  
Leicester  
LE2 6FU

**Telephone:** 0116 274 5283

**Email:** Dan Hewins; [danhewins.ch@gmail.com](mailto:danhewins.ch@gmail.com)

**Website:** [www.leicestercityssp.org.uk](http://www.leicestercityssp.org.uk)

Leicester City School Sports & Physical Activity Network





# Physical Education & School Sport Support Packages 2015/6



The Learning South Leicestershire School Sports Partnership and the Hinckley & Bosworth School Sport and Physical Activity Network have teamed up to provide PE and school sport support packages to enable all schools to develop a sustainable and high quality PE & school sport provision for the benefit of their pupils and staff. In addition, working in conjunction with the Leicester City School Sport & Physical Activity Network, Val Sabin Publications and Training, Bright Futures Education and the Youth Sport Trust we have developed a calendar of locally delivered training in line with Ofsted requirements.

Membership of a PE & School Sport Support Package provides a discount on other CPD accessed from within this booklet.

**Package 1** is an ideal introductory package for any school buying in for the first time, the package provides the essential components required to support a school to assess their current provision and be supported to work towards an effective action plan to demonstrate impact moving forwards and provide high quality, safe physical education.

**Packages 2 and 3** offer additional professional development through a wide range of both theoretical and practical courses that can be chosen specific to the needs of each individual school, enabling each school to develop their own bespoke package that meets the recommended outcomes of school sport premium funding.

**The PE & School Sport Support Packages** have been put in place in recognition of the need to support schools to spend their sport premium funding to achieve sustainable outcomes and are in addition to the free offer in place for schools already provided, as detailed below. We want to remain the not for profit, one stop shops for advice and support for schools in South Leicestershire in addition to the free provision below.

## SOUTH LEICESTERSHIRE FREE OFFER FOR SCHOOLS

<b>Communication, Support &amp; Resources</b>	Website containing information, news, resources and on-line booking facility for school sport activities. Regular e-communication and newsletters. High quality resources linked to programmes and activities. Annual report. Sharing of good practice. Information about local and national school sport opportunities. Funding advice.
<b>School Sport Competition</b>	Extensive competition programme across all key stages including School Games and non traditional activities. Support for local leagues and sports association events.
<b>Sports Leadership</b>	Training and volunteering opportunities in sports leadership across all key stages e.g. primary playground leadership, Sporting Ambassadors and leadership qualifications for older pupils.
<b>Inclusive &amp; Disability Sport</b>	Coaching and events for children with disabilities including inclusive roadshows, festivals of sport and competitions. Inclusive sport equipment loan scheme.
<b>Physical Activity &amp; Health</b>	Opportunities using physical activity to encourage healthy lifestyles including Primary Change 4 Life ENERGY Clubs, Girls & LADS Active Lifestyles and physical literacy programmes.
<b>School-Community Links</b>	Partnership working with local authorities and other community providers of sport to enhance the opportunities for school-club links and pathways into community sport.
<b>Celebration Event</b>	Annual event celebrating success in PE & school sport.

# Physical Education School Support Packages Booking Form 2015/16

## Primary School PE & School Sport Support Packages

PE & School Sport Support Packages are available to all primary schools and include:

**1:1 Support Visit**

**Whole School Inset**

**Val Sabin & Bright Futures CPD**

**PE Conference**

**Subject Leader Networking**

**Me & My Pupil Survey**

**afPE Health & Safety Advice**

**Discounted CPD Programme**

School:	
Head Teacher/Principal	
PE Subject Leader	
Address	
Postcode	
Subject Leader Email	
Subject Leader Telephone	
Name of Authorised Signatory	
Authorising Signature for Payment	
Purchase Order Number	
Date	

Support Pack- age Option	Primary Early Bird (up to Oct 31st 2015)	Pleas e tick	Price (1 <sup>st</sup> Nov 2015 onwards)	Pleas e tick
No Package				
Package One	£650 + VAT		£745 + VAT	
Package Two	£1,185 + VAT		£1,300 + VAT	
Package Three	£1,805+ VAT		£1,945 + VAT	

Package Membership Enhancements	Package Member Price	Please tick	Non Package Member Price	Please tick
Enhancement Option One	£700 + VAT		£750 + VAT	
Enhancement Option Two	£800 + VAT		£850 + VAT	
Enhancement Option Three	£1,225 + VAT		£1,325 + VAT	
Enhancement Option Level 6 for Subject Leaders with QTS	£120 + VAT		£180 + VAT	

Please return the completed form to: **Chris Ripley, HBSSPAN, Bosworth Academy,**  
**Leicester Lane, Desford, Leicestershire, LE9 9JL**

## PE & School Sport Professional Development

***“The continuous professional development of staff in the teaching of PE and sport is an effective use of the primary sport premium. By using the money in this way schools should be able to see a benefit from the funds beyond the two year window. We conclude that the best long-term use of the primary sport premium may well be through investment in high-quality training of staff.”***

### **Education Select Committee report into school sport**

#### **What schools have said about our training and support.....**

***“Great”! Clear teaching - Responded to questions & adapted. Thank you”***  
***Teaching Outdoor Physical Education***

***“Great as always! Tutor really knows her stuff inside out.”***  
***Subject Leader Network Meeting***

***“The course has helped me to understand the ‘show me’ strategy. How to make the lessons progressive”***  
***Teaching PE in primary schools for TA’s or those not QTS***

***“Found it very useful and tutor being so enthusiastic helped a lot, thanks”***  
***The New NC in PE – Planning and Teaching***

***“Invaluable, professional support which empowered our Physical Education subject leader to ensure our Good OFSTED judgment in our subject inspection.”***

