



# ELITE Sports Leadership Academy 2015/16

## Information Pack



# Information

Leicester-Shire & Rutland Sport (LRS) is recruiting students from years 10-12 to join the ELITE Sports Leadership Academy. The Academy aims to identify and bring together the most talented and committed young leaders from across Leicestershire, Leicester and Rutland to develop, enhance and refine their skills by working alongside other young people and sports professionals. The ELITE Sports Leadership Academy will incorporate a County Young Coaches Academy, a County Young Officials Academy and a County Event Volunteering Academy.

Selected young leaders will be able to develop their personal resume by accessing support and training related to coaching, officiating and/or event volunteering. They will also be the workforce for the School Games Championships and act as role models and ambassadors back in their own schools/colleges and local Leadership Academies.

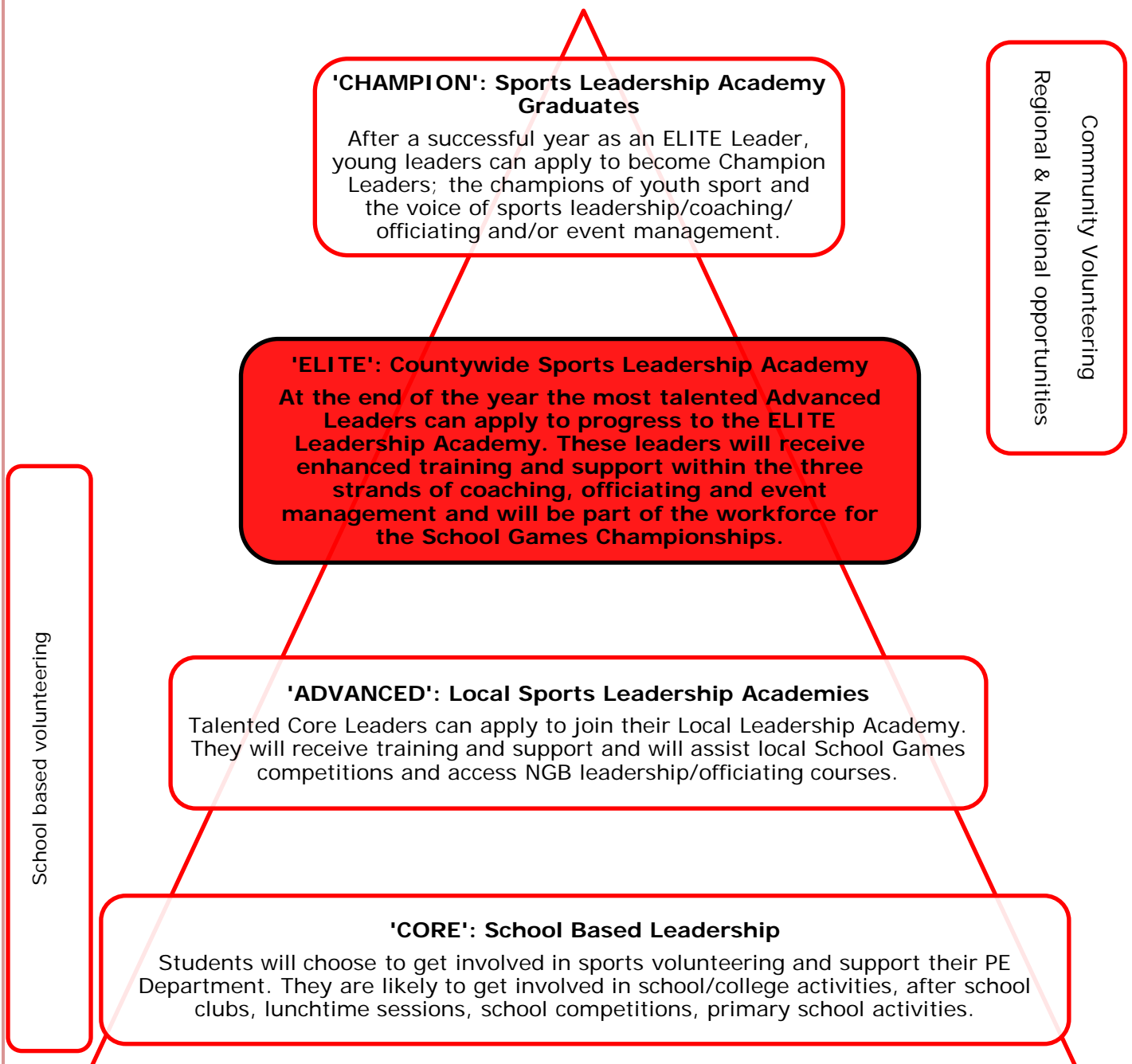
Selection for the ELITE Sports Leadership Academy will also provide access to additional opportunities provided by other organisations e.g. Youth Sport Trust and National Governing Bodies of Sport. The Academy is looking for young people who have already demonstrated their talent and commitment as a sports leader and are now looking to push themselves further to realise their sporting potential either as a coach, official or event manager.

Alongside the experience gained by working at the Summer and Spring School Games Championships, leaders will attend a series of compulsory training days and optional workshops / courses / residential camps to assist students to build their own leadership/coaching/officiating portfolio based on their own training needs analysis. Topics that will be covered include\*:

First Aid    Safeguarding & Child Protection    Sports Media    Inclusion  
Coaching / Officiating Workshops    Event Planning    Sports Psychology  
Performance Analysis    Strength & Conditioning    Volunteering in Sport  
Training Needs Analysis    Nutrition    Employability & Jobs in Sport  
Mentoring    Work Placements    Work Shadowing    Club Management  
Sports Physiology    Planning a Sports Training programme    Equity

*\*Exact workshops are subject to change during the year*

# Leadership Pathway Structure



It is expected that as students progress through their education they will further develop their leadership skills supported by the opportunities and training made available to them. The role of PE teachers and School Games Organisers is vital, however, sports leaders themselves are expected to find opportunities both within and outside of education to develop their skills and experiences in order to progress on the leadership pathway and realise their leadership potential.

## Essential Criteria

ELITE Leaders should fulfil the following criteria:

- Be a committed leader and volunteer, with the desire to further develop his / her coaching/officiating and/or event management skills.
- Be a good communicator and have a positive attitude.
- Respect the contribution of others and share own ideas / opinions.
- Be proactive and motivated to improve.
- Be keen to learn from others and try new things.
- Have a keen interest and regular involvement in sport and physical activity either as a performer, coach, official or volunteer.
- Students currently in year 10, 11 or 12 this academic year.
- Attend a school/college in Leicestershire, Leicester or Rutland in 2015/16 and 2016/17.

## Skills

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- Ability to lead, influence, inspire and motivate young people.
- Ability to lead and manage other young leaders.
- Ability to communicate effectively with a range of people/groups.
- Ability to show initiative and take responsibility.
- Ability to show professionalism and be a positive role model.
- Organised with good time management skills.
- Friendly, approachable and adaptable.

***ELITE leaders will be expected to make appropriate arrangements to ensure their attendance at all compulsory training days. This may involve overcoming transport issues or release from school/college. Appropriate support will be provided but it is an expectation of ELITE leaders to be able to take this on.***

## Roles and Responsibilities

- To be a role model for sport in their school/college, local Leadership Academy or sports club.
- To get involved in a range of volunteering events and opportunities across the county such as the School Games Championships, with the potential to progress to regional opportunities.
- To be committed to the programme between May 2015 and May 2016, attending an evening launch event on 13<sup>th</sup> May 2015 and other training and briefing events throughout the year.
- To inspire other young people to volunteer in sport.
- To promote the positive benefits of sport.
- To volunteer for a minimum of 10 hours in a community sport setting.

## Benefits of becoming an ELITE Young Leader

- Gain experience of volunteering at different events.
- Meet new people and work with other talented leaders from other areas.
- Access to enhanced training opportunities.
- Learn new skills and develop existing abilities.
- Build your CV and enhance future employment opportunities or further/higher education prospects.
- Make local connections.
- Receive a certificate of recognition at the end of the year.
- Access to a coaching/leadership bursary scheme.
- Tailored programme to suit your needs.
- **Opportunity to progress into a 'Champion' Leader role.**

## ELITE Sports Leadership Academy Training Days 2015-16

If you are selected for the ELITE Sports Leadership Academy you will be expected to attend all of the core days listed below:

ELITE Sports Leadership Academy Launch for 2015/16 cohort - <b>Compulsory</b>	13 <sup>th</sup> May 2015 6.00pm County Hall, Glenfield
Summer School Games Championships <b>Compulsory</b> Training Day	Weds 24 <sup>th</sup> June 2015 Welbeck College 08.30-16.30
Regional Residential Leadership Academy Nottingham – <b>Optional</b> Dates Summer 2015 tbc	
<b>Compulsory</b> Training Day	Monday 24 <sup>th</sup> August 2015 Venue tbc 9-5pm
<b>Compulsory</b> Training Session	September 2015 (day tbc) Loughborough Uni 6.30 – 9pm
<b>Compulsory</b> Training Day	Monday 21 <sup>st</sup> December 2015 Venue tbc 9-5pm
<b>Compulsory Training Days in 2016 TBC</b>	

To apply, complete the online or hard-copy Application Form found at:

[www.lrsport.org/eliteleadershipacademy](http://www.lrsport.org/eliteleadershipacademy)

Applications should be completed online / returned by post by:  
Friday 13<sup>th</sup> March 2015.

Completed hard-copy applications forms should be sent to:

Lizzi Major, Sports Development Officer, Leicester-Shire & Rutland Sport,  
SportPark, 3 Oakwood Drive, Loughborough, Leicestershire, LE11 3QF

For more information contact:

Lizzi Major, Sports Development Officer,  
Leicester-Shire & Rutland Sport  
01509 564871 / l.major@LRSport.org  
[www.lrsport.org/eliteleadershipacademy](http://www.lrsport.org/eliteleadershipacademy)

